

St. Kateri Tekakwitha Parish

Office: 1500 Hanwell Road, Fredericton NB E3C 1N3 Phone (506) 444-6021

Father Bill Brennan, Parish Priest Website: stkateri.ca Email: office@stkateri.ca

Mass Schedule: St. Ann's Sunday @ 9:30 am/Holy Family Saturday @ 4:30 pm and Sunday @ 11:00 am

February 8th, 2026 – 5th Sunday in Ordinary Time

LENT 2026

ASH WEDNESDAY SERVICES – FEB 18TH

10:30 am, Holy Family Church

3:00 pm, St. Ann's Church

7:00 pm, Holy Family Church (this Mass will be live-streamed).

The Little Black Book – Lent 2026: Now available in the church lobby. Suggested donation \$2. Each which can be dropped in the basket provided. Thank you!

Schedule of Weekday Masses during Lent:

Monday, February 23rd, 7pm, Holy Family Church

Tuesday, February 24th, 10:30am, St. Ann's Church

Monday, March 2nd, 7pm, Holy Family Church

Tuesday, March 3rd, 10:30am, St. Ann's Church

Monday, March 9th, 7pm, Holy Family Church

Tuesday, March 10th, 10:30am, St. Ann's Church

Monday, March 16th, 7pm, Holy Family Church

Tuesday, March 17th, 10:30am, St. Ann's Church

Monday, March 23rd, 7pm, Holy Family Church

Tuesday, March 24th, 10:30am, St. Ann's Church

Note: Each Mass will be followed by one hour of Adoration of the Blessed Sacrament. If Fr. Bill is unable to celebrate a weekday Mass, a Stations of the Cross will be held.

Lent Reflection Sessions and Group Discussions:

Saint Kateri Tekakwitha Parish is offering an opportunity to enter into the Lenten Season by offering 7 sessions of prayer, reflection and discussion using the book, "Show Me The Way: Daily Lenten Readings" by Henri J.M. Nouwen. Henri Nouwen, was a Dutch Catholic priest, theologian, professor and author best known for his deeply personal writings on spirituality and community.

The first session will take place on **Thursday, February 12th (introduction session and book distribution) at 7pm at Holy Family Church**. Other sessions to follow on February 19th & 26th, March 5th, 12th, 19th and 26th. If you are interested in participating in these sessions and to ensure we have adequate number of books, please see the sign-up sheet in the lobby of the Church.

This Lent, enrich your spiritual journey by creating space to listen to God's calling amidst the busyness of life's demands. In the words of Henri Nouwen, a master of prayer, "Praying means above all listening to the voice of Jesus, who dwells in the depths of the heart."

We hope to see you on February 12th. If you have any questions, please speak to Judy Kelly who will be the facilitator for these sessions (506-478-7274).

Food Bank Campaign for Lent: We are sure you all remember this tower we built last year during Lent as part of our Lenten campaign for the Food Bank. With Lent just around the corner, we are again asking you to donate the following items for the food bank: tomato soup, tomato sauce, tomato paste, crushed or stewed tomatoes, pasta etc. Essentially it is the **'everything tomato and pasta'** campaign.



Donations will be accepted all throughout Lent – let's get busy building a new tower!!

A very special **'thank you'** for all the donations last weekend for Cookie Sunday Weekend! Your gifts are a blessing and your generosity is making a much-needed impact on those who need it most!

coldest *night OF THE YEAR

Coldest
Night of the
Year
Fundraiser:
On
February
28th 2026,



the Confirmation Class from St. Kateri Tekakwitha Parish will be walking in the Coldest Night of the Year, a fun, family-friendly walkathon to raise money to support the John Howard Society of Fredericton and their work with people in our community experiencing hurt, hunger and homelessness.

The John Howard Society of Fredericton (JHSF) runs a variety of programs for youth and adults in our community to help them make better life decisions and lead happy and productive lives. JHSF owns five residential buildings, scattered across Fredericton, that provide supportive housing for 58 individuals who were previously experiencing homelessness, including five youth between 19 and 24 years of age. Residents all have a case manager who helps them with personal challenges in their lives. They also have access to peer support and a mental health and addictions worker. Other services provided include:

- support youth in crisis with housing and supports,
- provide inclement weather response during times of extreme heat or cold to people experiencing homelessness and living rough,
- provide snacks and beverages to people experiencing homelessness who are clients of our Ironwood Resource Centre,
- deliver family programs to help kids do better in school,
- provide a lunch snack program to kids in need/provide breakfast to our shelter clients,
- run our peer support group that is free to anyone in the community who needs support in the topic areas of mental health, addictions, homelessness, grief and loss,
- cover some of the construction costs of our new family housing units for families experiencing homelessness due to domestic violence, and much more.

How to donate to the fundraiser: Our confirmation students are having a fundraiser for their team at Mass at Holy Family Church on **Saturday, February 21st and Sunday, February 22nd**. Craft and bake sale items will be for sale.

Another way to donate by clicking <https://cnoy.org/location/fredericton> and under 'Teams' click **"Holy Family St Kateri"**. Please support our students who are helping bring dignity to those who have lost all hope.

Knights of Columbus Community Breakfast:
Sunday, February 8th from 10:00AM to 1:00PM,
170 Regent Street. Adults \$ 12.00, Children \$ 5.00 and Families \$ 35.00. All Welcome!

Parish Call Out Program – STAY INFORMED!

We are doing this to reach out to as many parishioners as possible to keep them informed of activities in the Church. Building a relationship is about keeping in touch. Please let us know if you or anyone you know would like to be part of our program by contacting the office at 444-6021, or email: office@stkateri.ca



Looking for Bingo Volunteers. A fundraiser bingo is being organised to support the Bilijk Elders Fundraising

efforts for their annual trip to Ste. Anne de Beaupre. The bingo will take place in the Hall of St. Ann's Church. For more details contact Terry Young at maliseet@hotmail.com or text 514-775-3058. Everyone is welcome!

Shrove Tuesday Pancake Supper: Lent is almost here! The Oromocto Food Bank will be holding a pancake supper on **Tuesday, February 17th** from 4:30pm-5:45pm. This will be a drive-thru pick-up and is recommended that you pre-order by calling 506-357-3461. The cost is \$15.00 per plate and consists of pancakes/sausage/homemade beans and gingerbread cake. Come out and support the Oromocto Food Bank.

Rosary - Rosary is prayed every Thursday morning at 1030 at Holy Family. During Ordinary Time we will be reciting the Luminous Mysteries. All are welcome to attend.

READINGS for February 1st

First Reading: Isaiah 58:6-10

Second Reading: 1 Corinthians 2:1-5

Gospel: Matthew 5:13-16

Responsorial Psalm: Light rises in the darkness for the upright.

Mass Intentions at St. Ann's

Feb 8th Pauline Francis
Feb 15th Don Cameron Jr.
Feb 22nd McKerral Family
Mar 1st James Andrew McAllister

Mass Intentions at Holy Family

Feb 7th For the People
Feb 8th Louise Mason / Father Jack Dolan
Feb 14th Fred & Rita Burgoon
Feb 15th Nicole Mary Bourcier
Feb 21st Norah Marshall
Feb 22nd For the People
Feb 28th Norma Browny
Mar 1st For the People

READERS AT ST. ANN'S

Feb 8th Betty Colligan
Feb 15th Mike Solomon
Feb 22nd Lawrence Cameron

READERS AT HOLY FAMILY

Feb 7th Mary Beth Gorey / Roly McSorley
Feb 8th Chinyere Alozie / Norma Downing
Anuli Ezeokafor / Debbie Landau
Feb 14th William Cormier / Mona LeBlanc
Feb 15th Noreen Bonnell / Ebuka Ezeokafor
Oluchi Ezeokafor / Jayne Buckley

EUCCHARISTIC MINISTERS AT HOLY FAMILY

Feb 7th Wanda Cairns / Margie Snell
Feb 8th JoAnne Linton / Verna McCloskey
Feb 14th Lynn Laagland / Judy Kelly
Feb 15th Sharon Watts / Bettyanne McMackin

Steubenville Atlantic Youth Conference &

LEAD Registration is now open. This is a call to all high schoolers to come and explore how Jesus meets our deepest longing for meaning, joy, and love. Join hundreds of Catholic teens at **Steubenville Atlantic in Halifax, July 10–12, 2026**, and encounter the transforming love of Christ. Youth in grade 9 through grade 12 are welcome to attend.



We interviewed some youth and a chaperone from last year's event and this is what they had to say about their experience. Thank you to members of the Ezeokafor family for sharing their experiences from the 2025 conference.

Youth:

Q: Would you attend another Steubenville rally in the future and what advice would you give to someone who's never been to an event like this?

A: *Yes, I would, and my advice to a newcomer would be: sleep early because you need to rest for the action-filled weekend!*

Q: If you could describe the event in one word, what would it be and why?

A: *Radical, because it truly calls you to make a genuine change in your life.*

Q: What was the most impactful part of the rally for you?

A: *I really loved all the singing and the way we started every session in the auditorium with concert-like singing.*

Q: How has your faith been strengthened or changed since the rally?

A: *I feel I understand Jesus a bit more than before this rally.*

Chaperone

Q: How would you describe your overall experience as a chaperone at the rally?

Summary of Support for January 31 & Feb 1

Regular/Loose	\$ 4,908.30
PAD (wkly. average)	2,298.46
St. Patrick's Cemetery	10.00
Indigenous Reconciliation Fund	350.00
Building Fund	955.00
Dev & Peace	20.00
Oromocto Food Bank	25.00
Catholic Missions In Canada	20.00
TOTAL	\$ 8,586.76

A: It was a humbling experience being a chaperone, I expected to be a literal chaperone, but I discovered my role was not just to accompany and supervise, but to also be a 'small group leader' and have sessions with the teens assigned to me, to break down what was learned and help them understand and see how to apply it in their lives. That took me outside of my comfort zone, but God's grace abounded.

Q: What was your favorite part of the experience?

A: It would be hard to pick one thing; everything was so spiritually enriching: Praise and Worship, Mass, Adoration, the talks, Confessions, Prayer Labs... If I absolutely had to pick one thing though, it would be a tie between Eucharistic Adoration and Mass.



If you are interested as a youth or a chaperone, you can learn more

at <https://www.steubenville.ca> or to register click on the following link: [Steubenville Registration](#). You may also speak to Sharon Watts, Fr. Bill, or Patricia Lee, Director of Catechesis, Diocese of Saint John: 506-627-6465 or email catechesis@dioceseofsaintjohn.org

Our Sacred Stories ~ The Face We Show (Fr. John Jennings)

Our faces are remarkably the same. Every face has eyes, a nose and a mouth. But at the same time they are remarkably different, different shapes, colourings and sizes. Most especially remarkable is that the same face can have many different expressions – joy, sorrow, anger, confusion, shock, indifference, interest and more. What we do not always appreciate is that the face we show can greatly affect others. We can reveal the wonder that is in each and every person we encounter. We can discover the delight that God has in each and help them to see it as well.

What face do we show to our world as a church and as a community? In the Gospel of Matthew this Sunday we hear: *You are the salt of the earth;... You are the light of the world* (Matt.5:13-16). These are two very strong images. Salt is something that when used will affect taste. When placed in food it spreads throughout the entire item. Light when uncovered will fill a room or a world. It will reach and affect all whom it encounters. As it does so, it opens the way to seeing our world clearly in all its wonder. It can even change the way in which we see respond to our world and all who part of it.

It is no accident that this passage in Matthew's Gospel is part of what we call the Sermon on the Mount. It follows directly after the opening section of this Sermon, what we call the Beatitudes. These Beatitudes or blessings are descriptive of who we are as disciples of Jesus. They are our identity. In a sense they are our face to the world.

It is one thing to describe what we **do** as followers of Jesus. We are called to reach out and "do good" in our world. Such an expression of goodness is wonderful, but it can be rather "wooden". It is limited to the moment. Finding one's full identity, is more than how we act. The Gospels are more than a moral code, much more. Are we growing into the person of Jesus Christ for those around us? As disciples and followers of Jesus the Christ do we really know who we are?

The images of salt and light proclaim that we bring who we are, our identity to our world, to all we meet. This is true discipleship. It re-creates the world we encounter into the world of God's plan, God's dream. How can we do this? It begins with realizing that as disciples we have a face, the face of Jesus the Christ. Showing our face as disciples can impact and change our own world. Like salt and light, showing our face places us in solidarity with others, walking with them, experiencing life with them. As disciples we are the face of Jesus, the face of the Beatitudes IN our world. We are salt and light.

The discovery of our face is a life-long quest. Recently, Michael Higgins in his week on-line column, *Pontifex minimus*, 23 Jan 26, quoted words of a spiritual writer and monk, Laurence Freeman in "Tasting Wisdom: A Daily Companion for Meditation" who noted a significant piece of our process of finding our face, our identity as Christian disciples: *We are each of us designed for the contemplative life which includes finding our unique work in life and fulfilling the responsibilities attached to it.*

Dr. Higgins commented further on Freeman's words: *To find that unique work requires a depth of discernment that can only best be cultivated in an alternative space to our everyday reality, a space defined by quiet, liberating routine, communal worship and expert direction.*

This is the life-long task of every disciple of Jesus the Christ, our task. We need time and space to step back and reflect, contemplate and discover who we are as disciples.

Am I a disciple? Can I reveal the face of Jesus the Christ?

Your 2025 Donation Receipts are available to pick up at the church entrance. Please advise the parish office if you wish to have your receipt mailed and confirm your address. Thank you for your continued generosity to our parish.